



Do you get **breathless**, have a persistent **cough**, or regular **chest infections**?

However small your symptoms seem, they could be an early warning of COPD (chronic obstructive pulmonary disease).

Ask your GP for a free lung function test, or contact the BLF to find out about testing events in your area.

British Lung Foundation
helpline: **08458 50 50 20**
e: campaigning@blf-uk.org
w: www.lunguk.org

**Love
your
lungs™**