

The BLF offers support through:

- **Our UK-wide support network.** More than 235 Breathe Easy groups offer face-to-face support and an excellent opportunity to share experiences and make new friends
www.lunguk.org/breathe-easy
- **Our health and social care information.** The BLF provides a large range of reliable, trustworthy information about lung conditions and living well with a lung disease, in print and online. This information is for patients and their families and carers.
www.lunguk.org/you-and-your-lungs
- **Our Helpline.** A team of specialist respiratory nurses and trained professionals offer advice on adult and children's lung conditions, welfare benefits and emotional and practical issues. If you have any questions call the Helpline now:

BLF Helpline – 08458 50 50 20

Open Mon to Fri, 10am to 6pm (local rate)

www.lunguk.org/helpline

We're here for you

One person in seven in the UK is affected by lung disease. We're here for every one of them.

The British Lung Foundation offers support and information to people affected by all types of lung disease, from mild asthma and chronic obstructive pulmonary disease (COPD) to lung cancer.

Whatever your condition, we understand your needs and are here to support you through the challenges you face.

The future of our work relies on people like you. Your contribution helps us reach more people to offer the vital support they need. It will also help us continue to fund world-class research.

The more members we have, the louder our voice will be in the fight to improve the lives of all those affected by lung disease.

Join us today



British Lung Foundation
FREEPOST SW1233
London EC1B 1BR

Join us today

Complete and return this form, or

call: 020 7078 7919

email: membership@blf-uk.org

visit: www.lunguk.org/membership

The British Lung Foundation
73-75 Goswell Road
London
EC1V 7ER

Registered charity of England and Wales – no. 326730
Registered charity in Scotland – no. SC 038415



No stamp is
needed, but
using one
means more of
your gift will go
towards
our work

“Join me and thousands of others
who care about lung disease
by becoming a member of the
British Lung Foundation”

Dame Judi Dench

call: 020 7078 7919

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As a member you'll receive:

- A **Members' Pack** with information related to your lung condition and on how to access vital support and networks across the UK, together with your very own membership card.
- Access to the special **'members-only'** area of our website and the opportunity to have your questions answered by leading lung experts during our exclusive **online surgeries**.
- Our quarterly magazine **Breathing Space**, full of useful advice and information on all aspects of living with lung disease, including interviews, articles by leading experts and real life stories.



“Breathing Space just gets better and better! Thanks for a great magazine.”

BLF member

Join us today and let us support you and those you love

Please complete this form using black ink, tear it off and return it to the freepost address overleaf.

Contact details

Title _____ First name _____

Surname _____

Address _____

_____ Postcode _____

Telephone _____

Email _____

By providing your email you're agreeing to us contacting you in this way

About you

Date of birth __/__/____

Do you have a lung condition?

Yes, my lung condition is _____

No, I am a **carer, friend or relative** (please circle) of someone with a lung condition. Their condition is _____

This information will help us provide support that is relevant to the specific condition

Membership type

Individual membership: £15 per year

Individual membership: £10 per year
(Reduced rate for those receiving state benefits)

Health care professional: £25 per year

Payment

I would like to pay by

Cheque/postal order (payable to **British Lung Foundation**)

Credit or debit card

Credit card number ____/____/____/____

Expiry date __/__ Valid from __/__

Signature _____ Date __/__/__

Instruction to your bank/building society to pay by Direct Debit



Name and address of your bank/building society:

To the manager of _____

_____ (bank/building society)

Address _____

_____ Postcode _____

Name(s) of account holder(s) _____

Account no. _____ Sort code ____-____-____

Instructions to your bank/building society

Please pay British Lung Foundation Direct Debits from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee.

I understand that this instruction may remain with British Lung Foundation and, if so, details will be passed electronically to my bank/building society.

Signature(s) _____

Date _____

Originator's identification number **9 4 8 6 9 0**

Reference number (office use only) _____

Help us to help more people

We rely almost entirely on voluntary contributions. All donations, big or small, make a huge difference to our work so please give as generously as you can. Donations can be made by cheque or credit card, so if you would like to make a gift please fill out the details opposite, even if you are paying for your membership by Direct Debit.

I would like a BLF pin badge for a suggested donation of £1.50

I would like to make a donation of £ _____ in addition to my membership payment

Pin badge £ _____ } cheque or card
Donation £ _____ } payment only

TOTAL £ _____

Make your gift worth more at no extra cost

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If you're a UK taxpayer please tick the box below so we can claim back 25p for every pound that you give at no extra cost to you.

- Yes** I am a UK taxpayer *
 No I am not a UK taxpayer

* I would like the British Lung Foundation (BLF) to reclaim the tax on any of the donations I have made in the last four years and all future donations I make, until I notify you otherwise.

Remember: to qualify for Gift Aid, what you pay in income tax or capital gains tax must at least be equal the amount we will claim in the tax year.

The BLF will not pass on your details to any other organisation. We'd like to keep in touch (including by telephone) to let you know about BLF's activities, including fundraising. If you'd prefer not to receive news from us other than about your membership, please tick this box.